

{NO COOK}

Play Dough Recipe

INGREDIENTS

½ Cup salt
1 ½ Cups plain flour
2 Teaspoons of cream of tartar
2 Tablespoons of oil
1 Cup of boiling water
Food coloring
12 drops of essential oil (optional)

DIRECTIONS

- In a glass bowl mix the dry ingredients well = salt, cream of tartar and flour
- Add the oil if you have liquid food colouring add it now
- Add in 1 cup of boiling water
- Mix until a dough begins to form
- Turn out onto a floured surface and continue kneading
- Add 12 drops of on guard essential oil to the dough and knead well

HOT TIPS

- Only add essential oils to the dough as you need it
- Keep dough in the fridge to make it last longer

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